Family process and peer influences on substance use by adolescents.

Int J Environ Res Public Health. 2013 Aug 27;10(9):3868-85. doi: 10.3390/ijerph10093868.

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Abstract

This study explores the association of family process and peer influences with risk behaviors of adolescents. A total of 805 students were recruited from secondary schools. The results showed that adolescents who have parents who are "authoritarian" (OR = 1.856) were more likely to smoke. Adolescents who have conflicts with their parents (OR = 1.423) were more likely to drink. Those who have parents who are "permissive" were less likely to drink (OR = 0.885). Having friends who smoked (OR = 5.446) or drank (OR = 1.894), and friends' invitation to smoke (OR = 10.455) or drink (OR = 11.825) were the dominant contributors to adolescent smoking and drinking. Interventions are needed that recognize the strength of the parent-child relationship, as well as strengthen family functioning through improved interpersonal, parenting, and monitoring skills.

PMID: 23985772 [PubMed - in process] Free full text